

# WHAT IS BULLYING?



TEACH STUDENTS HOW TO RECOGNIZE  
AND HELP PREVENT BULLYING BEHAVIORS.

GOOGLE SLIDES™ ACTIVITY

# BULLYING INCLUDES:

## TARGET

THE PERSON BEING BULLIED

## BULLY

THE PERSON WHO IS CAUSING REPEATED EMOTIONAL OR PHYSICAL HARM AGAINST SOMEONE ELSE

## BYSTANDERS

PEOPLE WHO WATCH BULLYING OCCUR AND DO NOT HELP THE TARGET OR REPORT THE BULLY

PREVIEW

SEE  
SOMETHING  
SAY  
SOMETHING



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BE A  
BUDDY  
NOT A  
BULLY



TO BE CONSIDERED BULLYING THESE  
THREE THINGS MUST BE PRESENT:

## REPETITION



BULLYING IS NOT A ONE  
TIME ACTION. THE BULLY  
MUST COMMIT MULTIPLE  
OFFENSES OVER A  
COURSE OF TIME.

## HARM

THE BULLY MUST CAUSE  
PHYSICAL, SOCIAL AND/OR  
EMOTIONAL HARM. THERE  
DOES NOT HAVE  
TO BE PHYSICAL  
PAIN FOR  
IT TO BE  
BULLYING.



## UNFAIR MATCH

THE TARGET  
MUST BE  
PHYSICALLY  
WEAKER,  
LACK THE  
VERBAL AND/  
OR SOCIAL SKILLS TO  
DEAL WITH THE BULLY  
OR BE OUTNUMBERED  
IN SOME FORM.



**PREVENTION**

# GIVE AN EXAMPLE OF A BULLYING SITUATION:

## TARGET

WHO IS GETTING BULLIED?

Type your answer here...

## BULLY

WHAT IS THE BULLY DOING?

Type your answer here...

## BYSTANDER

IS THERE ANYONE WATCHING? WHAT COULD THEY DO TO HELP?

Type your answer here...

PREVIEW





# FIVE TYPES OF BULLYING

## PHYSICAL BULLYING

IS WHEN A BULLY USES FORCE SUCH AS:



- HITTING
- PUNCHING
- KICKING
- BITING
- PINCHING
- CLIPPING HAIR
- DESTROYING PROPERTY

## EMOTIONAL BULLYING

IS WHEN A TARGET IS BROKEN DOWN FROM THE INSIDE OUT. BULLIES HURT OTHERS ON PURPOSE WITH:

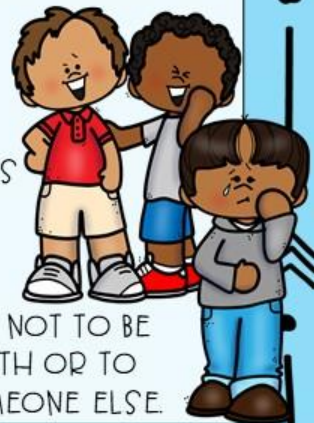
- CRUEL TEASING
- TALKING BEHIND THEIR BACK
- SPREADING RUMORS
- EXCLUDING OTHERS
- SPREADING LIES



## SOCIAL BULLYING

IS WHEN RUMORS ARE SPREAD ABOUT ANOTHER PERSON, SOMEONE IS PURPOSELY LEFT OUT OF A GROUP ACTIVITY, OR SOMEONE IS EMBARRASSED IN PUBLIC.

THIS IS OFTEN DONE BEHIND SOMEONE'S BACK AND INCLUDES CHILDREN BEING TOLD NOT TO BE FRIENDS WITH OR TO AVOID SOMEONE ELSE.



## CYBER BULLYING

IS WHEN ELECTRONIC COMMUNICATION IS USED TO HARASS AND INTIMATE OTHERS.

YOU CAN GET IN TROUBLE IN SCHOOL AND LATER IN LIFE SINCE THERE IS A PERMANENT DIGITAL RECORD OF THE BULLYING.



## VERBAL BULLYING

INSULTS, TEASING, PUTDOWNS AND NEGATIVE WORDS USED IN AN EFFORT TO GAIN POWER OVER OTHERS. IT'S BULLYING THAT OCCURS USING LANGUAGE. THERE IS NO PHYSICAL DAMAGE, BUT THE EMOTIONAL DAMAGE CAN BE LASTING.



# SOCIAL BULLYING

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WHAT IS AN EXAMPLE OF SOCIAL BULLYING?  
TYPE YOUR ANSWER BELOW.

Type your answer here...

PREVIEW



# IS THIS BULLYING?

Every day, a group of girls in Sasha's class tell everyone not to eat lunch with Sasha.

**PREVIEW**







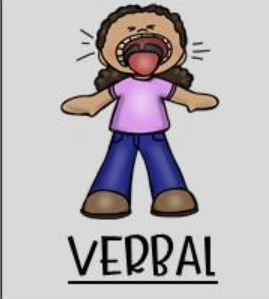

IS THIS BULLYING?



YES

NO

WHAT TYPE OF BULLYING IS THIS?  
DRAG THE CIRCLE TO YOUR ANSWER.

	 <u>PHYSICAL</u>	 <u>EMOTIONAL</u>
 <u>CYBER</u>	 <u>VERBAL</u>	 <u>SOCIAL</u>

# IS THIS BULLYING?

Crystal always picks on Levi at recess. Other kids in the class see it happen often.

PREVIEW



IS THIS BULLYING?



YES

NO

WHO IS THE TARGET?

Type your answer here...

WHO ARE THE BYSTANDERS?  
WHAT SHOULD THEY DO?

Type your answer here...

WHO IS THE BULLY?

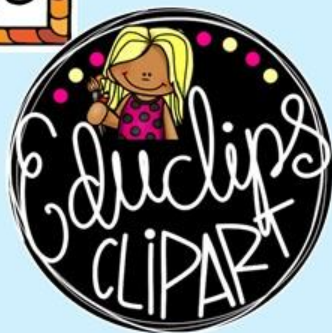
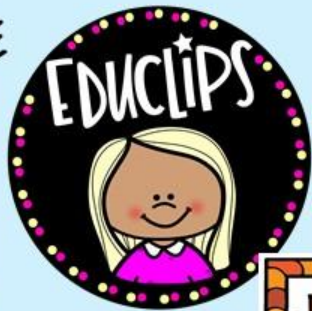
Type your answer here...



STRONG PEOPLE STAND  
UP FOR THEMSELVES,  
BUT THE STRONGEST  
PEOPLE STAND UP  
FOR OTHERS.



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