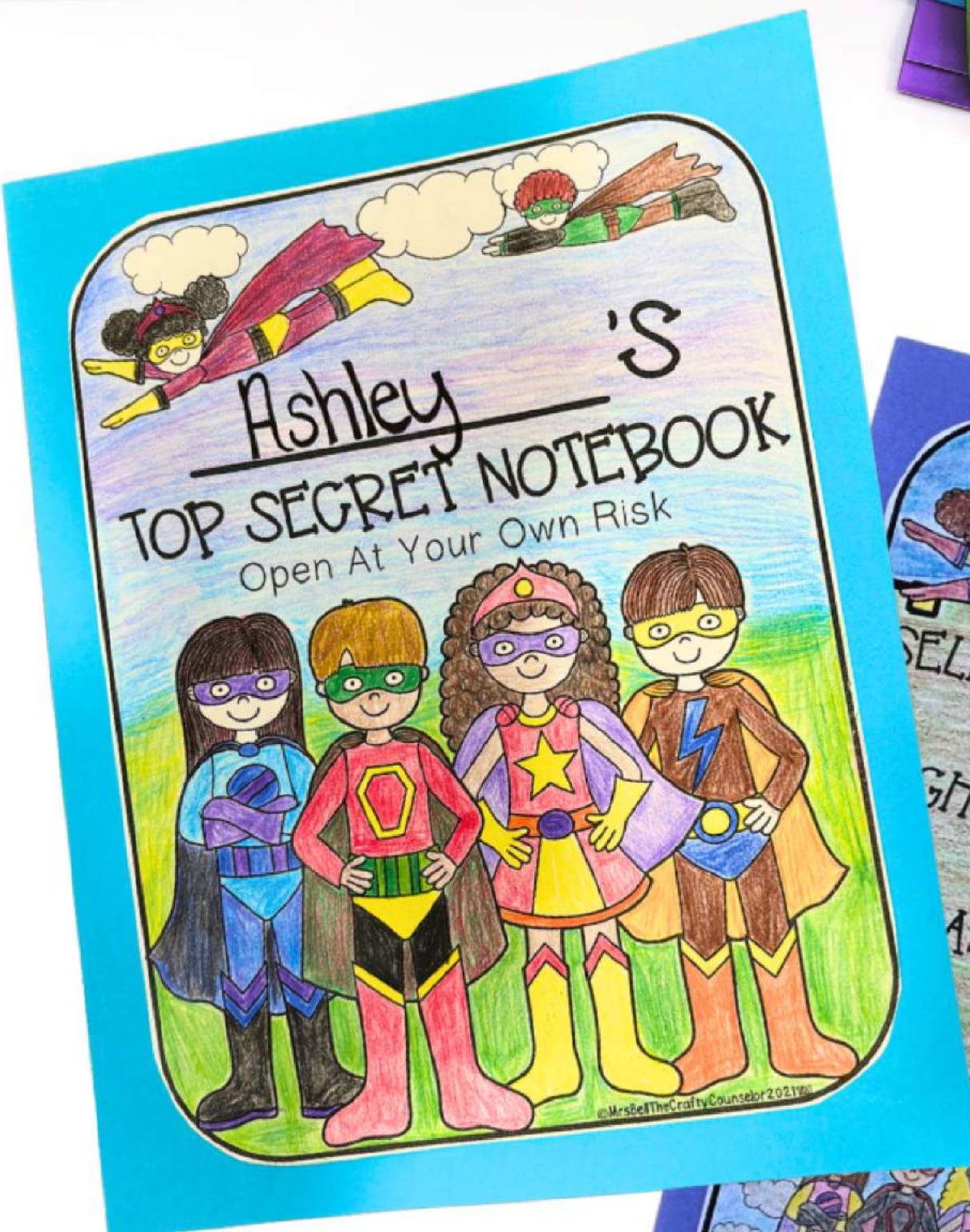




Small Group Self Control Curriculum

SCROLL
to take a look inside!



SELF CONTROL SKILLS LESSONS & ACTIVITIES

- Interactive Notebook Keepsake
- Ten-Week Structured Curriculum
- Lesson Plans & Outlines
- All Needed Material Included
- Teach Self Control Skills



**Included in
Download**

- ★ Ten Lessons & Outlines
- ★ PreTest/Post Test
- ★ Printer Friendly Design
- ★ Directions and Printable
- ★ Interactive Activities
- ★ Highly-Engaging Lessons



Teach SEL & Life Skills



- ✓ Self Control
- ✓ Anger Management
- ✓ Coping Skills
- ✓ Calming Strategies
- ✓ Emotional Regulation
- ✓ and so much more!

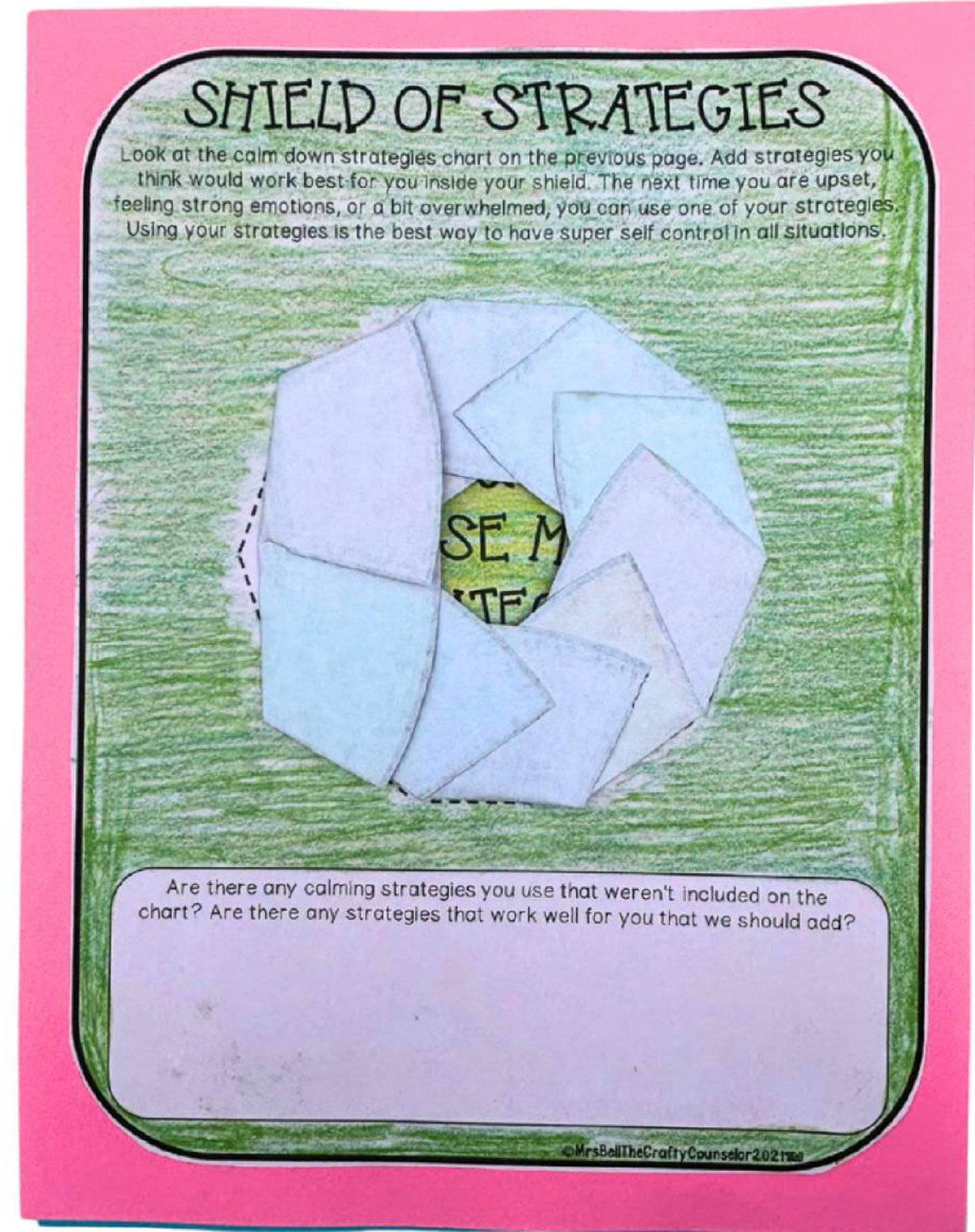
Detailed Directions



Interactive Cut & Glue Activities



Detailed Assembly Directions



Ten Weeks of Lessons

This engaging, interactive book will help your students with self-control, emotional regulation, and calm-down strategies in a fun way!



Notebook Keepsake

★ Bind All Pages

★ Keepsake Memory

★ Refer to Skills Learned

★ Reminder of Skills



HAPPY EDUCATORS SAID:



This is such a great handbook! My students loved using this and all the activities are so different and unique. My students enjoyed them and will definitely continue to use it!

-- Stephanie A.

I am using this right now with a student 1:1. Every time he sees me he asks me when we get to keep working on his book! He loves it.

-- Tanya G.

My students loved putting this book together, customizing it to what works for them and learning the strategies for self-control.

-- Angela H.

Want More?

Save BIG with my collection of interactive notebooks when you purchase the [BUNDLE!](#)

Find out more [HERE!](#)

“My small groups loved these lessons. They were easy to put together, on my end, and the students were sad when our time was over. I can't wait to use this again next year. -Christina B.”



[Click to
learn more!](#)

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LET'S CONNECT!

Mrs. Bell
The CRAFTY
Counselor



@mrsbellthecraftycounselor