





Social Skills Builders























Included in Download

Emotions Posters

Use these to guide students during each activity.

How would you feel? Color in the Pumpkin Activity Sheet (2 versions)

Have students walk around the room comparing answers or hang along the hallways or classrooms to show students how the same situation can make people feel a variety of emotions.

Situation Cards (40)

Each card has a different situation written on it that could evoke a variety of emotions. There are a few ways to play with these situation cards.

Students pick a card one by one and read the situations out loud. The student explains what emotions they would experience and how they would feel if they found themselves in that situation. If working in a group, each student can clip a clothespin with the emotion they would feel to the situation card. If working with individuals, adhere the emotions they would feel to the pumpkin on the situation card using Velcro or magnets.

To extend the activity, have students roll a dice. Depending on the number they land upon, they answer the corresponding question written on the poster.

Pumpkin Emotions Labels (used on clothespins or with Velcro)

Give each student a set of six clothespins (with a different emotion on each of the clothespins). Have students clip the clothespin with the emotion describing how they would feel to the situation card.