

Family Changes

No Cut Flipbook



one

Life Changes

two

Divorce and Emotions

three

Facts about Divorce

four

Life Changes

five

The Future

Simply Print and Fold

By: Mrs. Bell The Crafty Counselor

WASH THE WORRIES AWAY



Waves have the ability to wash things out to sea, never to be seen again. Write all of your worries and concerns in the sand, leave them there for the waves to come and wash away.

Think about the worries and concerns written above. Are each of these concerns in-your-control or out-of-your-control? Separate your concerns.

IN-MY-CONTROL

I HAVE THE POWER TO CHANGE THESE WORRIES AND CONCERNS.

I DO NOT HAVE THE POWER TO CHANGE THESE WORRIES AND CONCERNS.

OUT-OF-MY-CONTROL

three

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The Future

HOW HAS DIVORCED CHANGED LIFE?

Describe your life before and after divorce using pictures and/or words.

Life Before Divorce	Life After Divorce	Stayed the Same

If you could make the rules, what six rules would you make for divorce?

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

What thoughts, ideas or questions do you have? Write them in the thought bubbles.



four

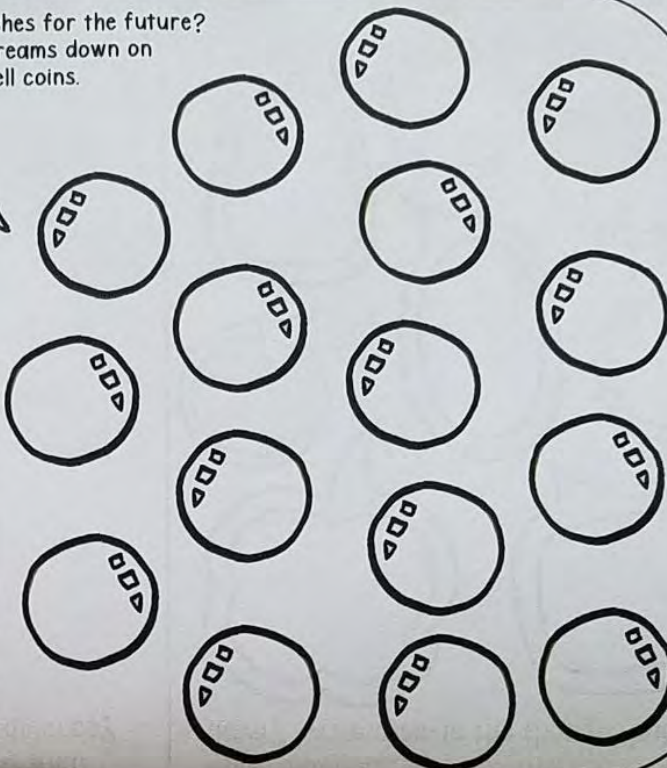
Life Changes

five

The Future

HOPES AND WISHES

What are your hopes and wishes for the future?
Write your hopes and dreams down on
these wishing well coins.



What do you want your parents to know? Write them a letter below.

Dear _____

Draw a picture for your parents below.

Stay Connected:



Mrs. Bell

The Crafty Counselor

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