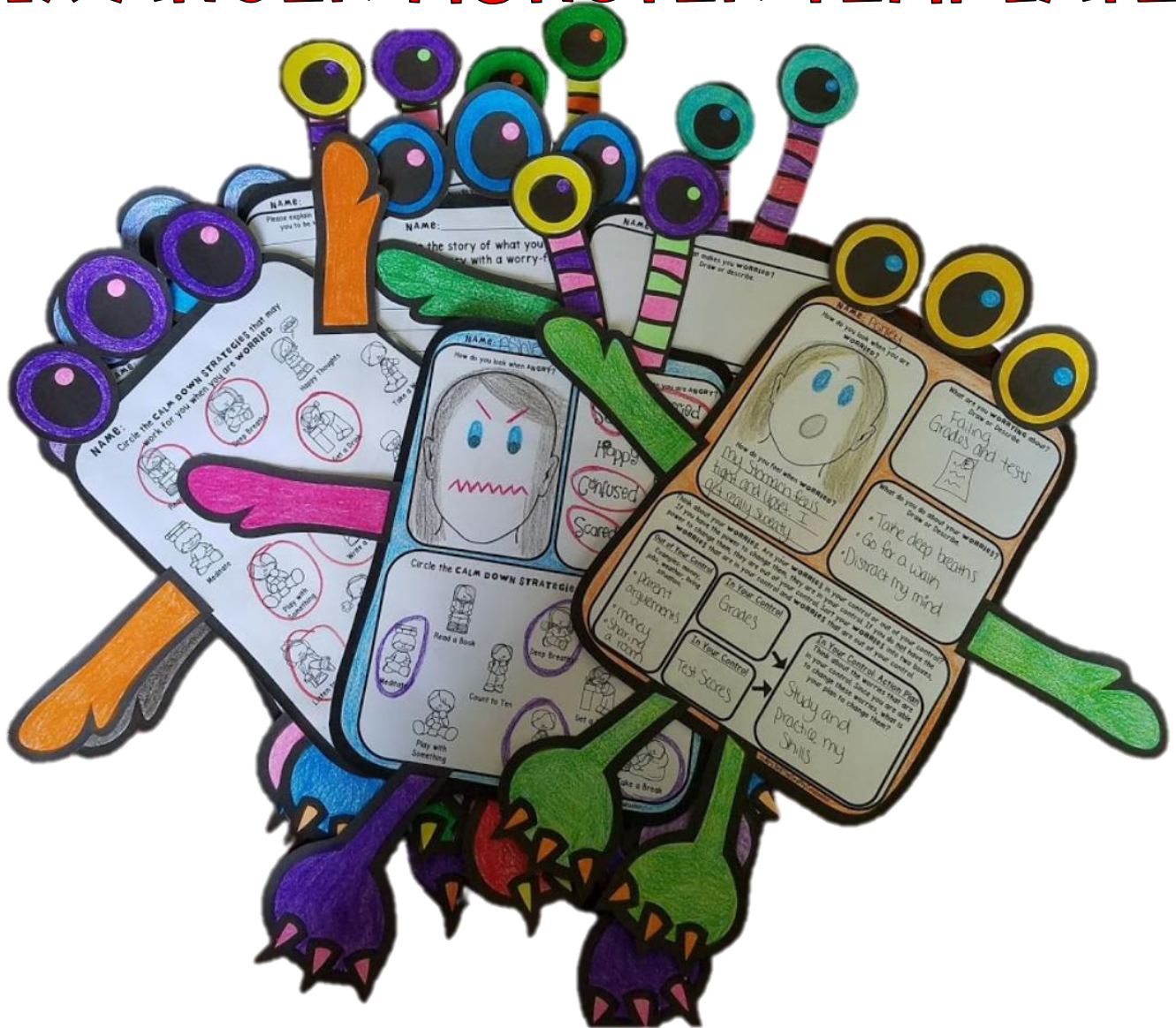


# ANGER MONSTERS

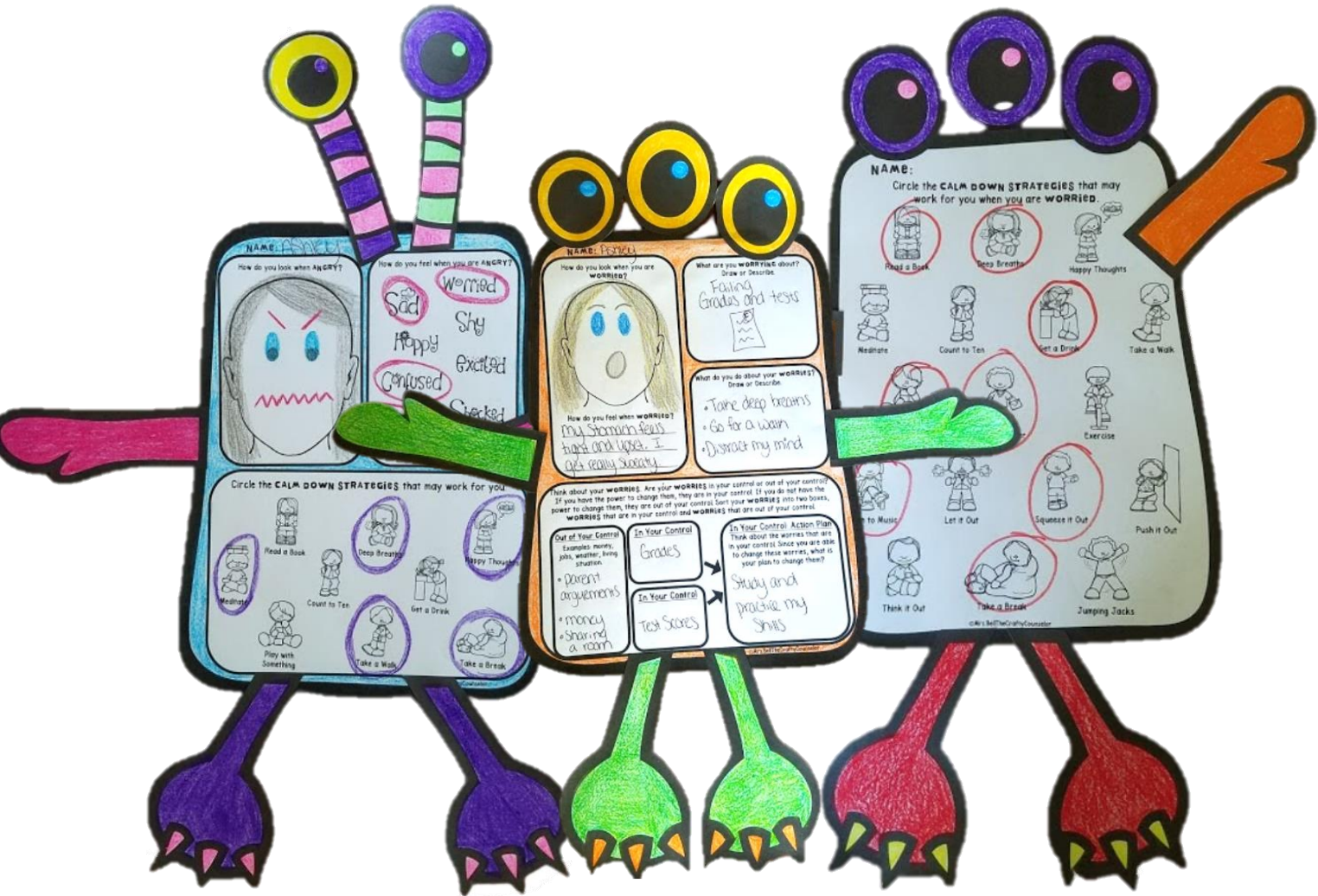
## SIX ANGER MONSTER TEMPLATES



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# SIX DIFFERENT TEMPLATES

PERFECT FOR DIFFERENTIATED  
INSTRUCTION – MEET ALL SKILL LEVELS



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# DECORATE AS DESIRED



Have students decorate their anger monsters in whatever way they best see fit.

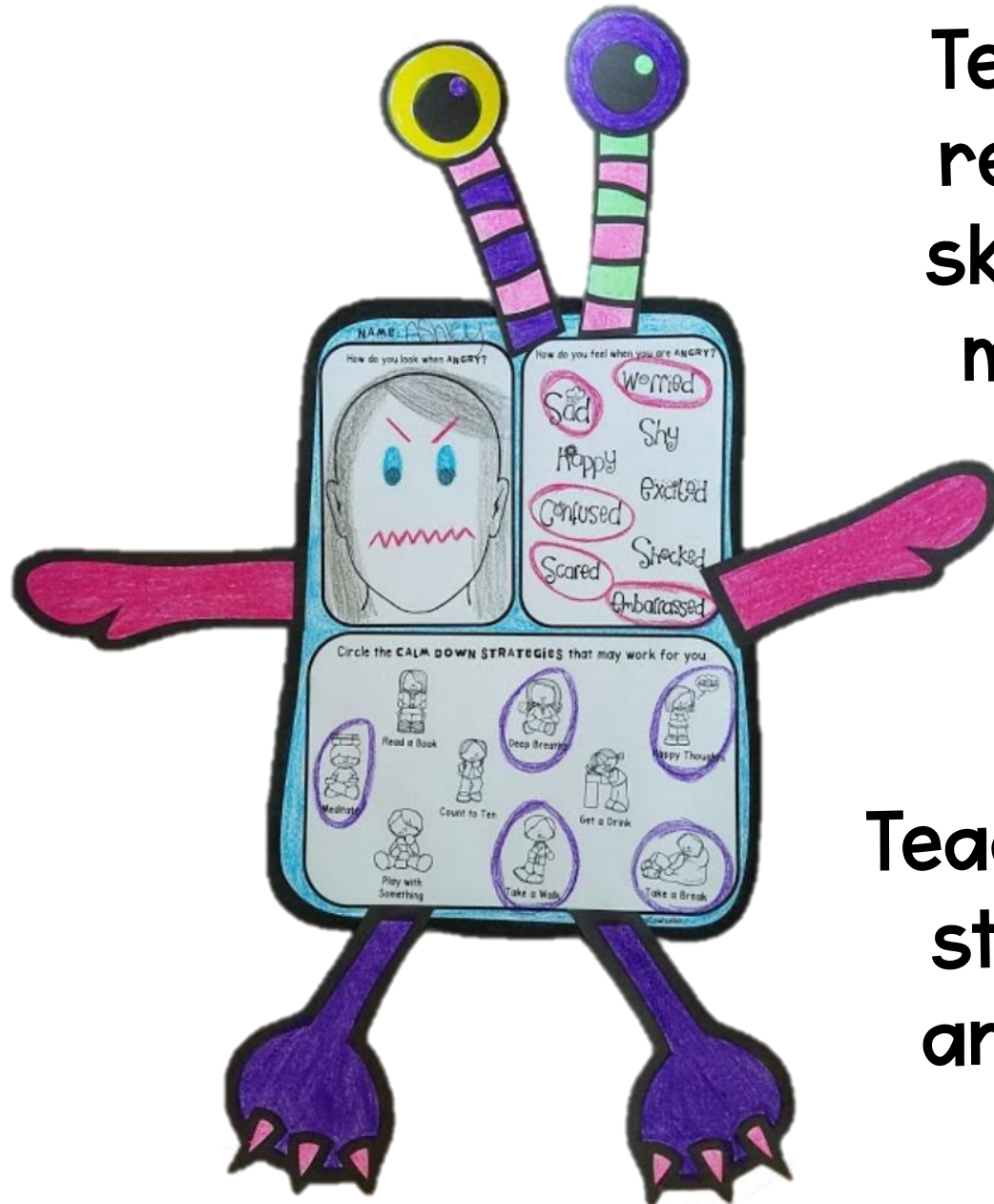
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# ANGER MONSTER CRAFTIVITY

Teach self regulation skills while making a fun craftivity together.

Teach calming strategies and coping skills.

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# YOU MAY ALSO LIKE:

**FEED THE MONSTERS**  
Calm Down Activity

FEED THE MONSTERS  
Calm Down

Strategies

**Sticky Notes**  
Calming Strategies and Words of Affirmation.

Take a break.  
Think of your happiest memory.  
Read a book.  
Take a walk to the water fountain.  
Write your self a letter.  
Sing your favorite song over and over.  
Squeeze something in your hand.  
I can stay focused.  
Breathe.

**Calming Strategies Activities**

Achilles STRONG PIZZA

Use your strategies, please!

**Strategy Sticks**  
Calming Strategies

**Calming Strategies**

Teach self regulation skills with discussion questions, yoga poses, and calming strategies.

**ANGER BUNDLE**

Four Resources Super Savings Deal!

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**Simmer -or- IGnite**  
PROBLEM SOLVING GAME  
Google Slides Activity

He is upset that an embarrassing photo of him was posted to social media.

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**CALMING STRATEGIES**  
SIX Google Slides Activities

WINTER THEMED DIGITAL Calm Down Corner  
TOP SECRET NOTE  
FEED THE MONSTERS

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**SUPER SELF CONTROL**  
Interactive Book

10 Week Self Control Curriculum  
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**180 CALMING STRATEGY Scripts**

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**WINTER THEMED**  
Calming Strategies  
Google Slides Activity

Calming Strategies and Activities  
Winter Themed Self-Regulation Skill Builder Activities

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**DIGITAL**  
Calm Down Corner

FIND YOUR INNER CALM  
Zen Zone  
Calm Down Corner Activity

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**KEEP FROM ERUPTING**

calm down sliders  
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10 Week Boy's Group Curriculum  
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